

Name _____

Standard 1: Skilled Movement

My Beginning score _____ My goal is to be at score of _____ by _____

Specific actions I am going to take to improve my level of understanding/performance:

4											
3											
2											
1											
0											
	A	B	C	D	E	F	G	H	I	J	Summative Score

- | | |
|--------------------|---------------|
| A. Soccer | F. Badminton |
| B. Football | G. Pickleball |
| C. Volleyball | H. Softball |
| D. Basketball | I. Track |
| E. Weight Training | J. Lawn games |

4	In addition to score 3.0 performance, the student demonstrates advanced knowledge and tactics within the Unit and goes beyond the instructional applications.
3	The student will: Goal 1.1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.
2	The student will demonstrate and recognize some basic skills within the activity.
1	Attempted, but incorrect
0	No Evidence

Note: a score of .5 may be given when partial proficiency of next level is demonstrated

Objectives:

PE.1.1.1 Demonstrate mature form in the basic skills of more specialized activities (e.g., wall/net, invasion, field/striking, target, dance, outdoor activities, fitness, etc.).

PE.1.1.2 Adapt and combine skills successfully in modified games or activities of increasing complexity and in combination with other basic skills.

PE.1.1.3 Demonstrate movement tactics and strategies that can be applied to a variety of sports and physical activities (e.g., wall/net, invasion, field/striking, target, dance, outdoor activities, fitness, etc.).